

DAYS 11-20

God Confirms Through His Spirit

HEARING GOD'S *Voice* DISCERNING GOD'S *Will*



DAY 11

Psalm 11 // John 6:1–21

Theme: The Spirit assures us of God's care

Reflection: David trusts God even when foundations crumble. Jesus feeds thousands, showing He is enough. The Spirit reminds us daily: we are God's children, and He will provide.

Application: Recall a time God provided for you. Thank Him for His faithfulness.

Prayer Prompt: “Holy Spirit, remind me I am a child of God and You will care for me.”

Fasting Prompt: Fast from desserts today. Every craving, turn into a prayer of trust.

DAY 12

Psalm 12 // John 6:22–59

Theme: The Spirit nourishes us with Christ

Reflection: David longs for purity in a corrupt world. Jesus declares, “I am the bread of life.” The Spirit feeds our souls with Christ Himself.

Application: Fast from one distraction today and feast on Scripture instead.

Prayer Prompt: “Spirit of truth, nourish me with the bread of life.”

Fasting Prompt: Skip lunch today and use the time for prayer and journaling.

DAY 13

Psalm 13 // John 6:60–71

Theme: The Spirit sustains us when faith is tested

Reflection: David cries, “How long, O Lord?” Many disciples walked away, but Peter said, “Lord, to whom shall we go? You have the words of eternal life.” The Spirit strengthens us to stay.

Application: When tempted to give up, speak Peter’s words aloud.

Prayer Prompt: “Spirit, keep me faithful when I am tempted to walk away.”

Fasting Prompt: Fast from social media today. Replace scrolling with prayer.

DAY 14

Psalm 14 // John 7:1-24

Theme: The Spirit reveals truth

Reflection: David laments that none are righteous. Jesus speaks with divine authority, and the Spirit opens hearts to recognize truth.

Application: Ask the Spirit to uncover any hidden sin and lead you to truth.

Prayer Prompt: “Spirit, shine Your light in me and lead me in truth.”

Fasting Prompt: Fast from complaining today. Replace it with thanksgiving.

DAY 15

Psalm 15 // John 7:25–52

Theme: The Spirit makes us holy

Reflection: Psalm 15 describes the one who may dwell in God's presence—blameless and righteous. Jesus promises living water to those who believe. The Spirit produces holiness in us.

Application: Confess one area where you need cleansing and ask for renewal.

Prayer Prompt: “Holy Spirit, cleanse me and make me fit for Your dwelling.”

Fasting Prompt: Fast from television today and use the time for worship and prayer.

DAY 16

Psalm 16 // John 8:1–30

Theme: The Spirit frees us in Christ

Reflection: David rejoices, “In Your presence there is fullness of joy.” Jesus says, “I am the light of the world.” The Spirit illuminates Christ, freeing us from darkness.

Application: Identify one area of darkness you need the Spirit’s light to shine into.

Prayer Prompt: “Spirit, lead me into the joy and freedom of Christ.”

Fasting Prompt: Fast from one meal today and pray for freedom in Christ.

DAY 17

Psalm 17 // John 8:31–59

Theme: The Spirit confirms our identity

Reflection: David prays for vindication. Jesus promises, “If the Son sets you free, you will be free indeed.” The Spirit affirms our adoption and identity as God’s children.

Application: Speak aloud: “I am a child of God—free in Christ.”

Prayer Prompt: “Spirit, seal my heart with the truth of who I am in Christ.”

Fasting Prompt: Fast from gossip or idle talk today. Use words only to bless.

DAY 18

Psalm 18:1–24 // John 9

Theme: The Spirit opens blind eyes

Reflection: David praises God as his strength and deliverer. Jesus heals the man born blind. The Spirit gives spiritual sight to those who surrender to Him.

Application: Ask God to open your eyes to see Him at work in your life today.

Prayer Prompt: “Spirit, open my eyes to see Jesus more clearly.”

Fasting Prompt: Fast from one form of entertainment tonight and spend time reflecting on His works of His Holy Spirit in your life (what is God doing in you?).

DAY 19

Psalm 18:25–50 // John 10:1–21

Theme: The Spirit teaches us to hear the Shepherd's voice

Reflection: David rejoices in God's faithfulness. Jesus says, "My sheep hear my voice." The Spirit attunes our hearts to recognize Christ's voice.

Application: Spend five minutes listening in silence after prayer today.

Prayer Prompt: "Spirit, tune my ears to the Shepherd's voice."

Fasting Prompt: Fast from background noise (music, podcasts, talk radio). Sit in silence.

DAY 20

Psalm 19 // John 10:22–42

Theme: The Spirit glorifies Christ

Reflection: The heavens declare God's glory. Jesus reveals His unity with the Father. The Spirit's role is always to glorify Christ and make Him known to us.

Application: Begin and end your day declaring Christ's glory.

Prayer Prompt: "Spirit, glorify Jesus in me today."

Fasting Prompt: Fast from sweets today and use each craving as a call to glorify Christ.